



Washington Monument on the Appalachian Trail

**10k Seasonal Walk AVA 107438 2017/Y1958
April 1 to Dec 31, 2017
Myersville, MD
Credit only event, AVA trail rating 3C
Register using the Online Start Box (OLSB)**

Sponsor: Seneca Valley Sugarloafers Volksmarch Club, Inc. (AVA 419), a member of the Maryland Volkssport Association.

Trail: The walk follows the Appalachian Trail along the South Mountain Ridge and then ascends to Monument Knob and the monument. The monument was first built in 1827 by the citizens of Boonsboro and has been rebuilt at least twice. The tower was rebuilt in its present form by members of the Civilian Conservation Corps in 1936. Mid-September is a peak time for spotting migratory birds such as hawks, eagles and falcons. The monument is the turnaround point for the walk and is an ideal place to plan a picnic lunch.

Special AVA Programs: Bridges, National Parks Centennial Challenge



Eligibility: We welcome everyone to walk with us. All participants must register using the Online Start Box and sign a waiver of liability. The walk is free without AVA credit and \$3.00 with AVA credit.

Registration: Please use the online start box provided by the California Volkssport Association (www.cva4u.org). Follow the left side link, 'Online Start Box', and the instructions provided to sign a waiver and register for this event. Payments for event information and IVV credit use Paypal. The event information includes both driving directions and trail instructions. Event information and insert cards are provided as PDFs that you can download and print as needed. The POC does not provide event information or accept alternate payment methods. The entire online process should take less than 10 minutes for a first time user.

Information: Contact Alice Filemyr
alice.filemyr@gmail.com (email preferred) or 240-753-0009

Conditions: This seasonal event will be held regardless of the weather, unless conditions cause the Appalachian Trail to be closed for safety reasons. Be aware that rain and snow can make footing on the trail treacherous and the summer heat and humidity can be oppressive. We suggest you walk with sturdy boots and trekking poles or a hiking staff. There are no services on the trail so you must carry water and food. Pets are allowed on the Appalachian Trail, but owners must keep pets on leashes six feet or shorter. The trail is not suitable for wheelchairs or strollers.

Disclaimer: Neither the Seneca Valley Sugarloafers Volksmarch Club, Inc. nor the AVA shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

Membership: Membership in the Sugarloafers Volksmarch Club is open to everyone. For questions about membership, contact Carolyn at 301-926-0915 or cbthurber@verizon.net or check our club's website at www.sugarloafers.org.

For more Volksmarch information: www.ava.org and www.mdvolks.org

For more Trail information: www.appalachiantrail.org and https://en.wikipedia.org/wiki/Washington_Monument_State_Park