



Kensington Fall Colors & Holiday Lights

5k/10k/15k/20k Seasonal Walk Event
AVA 105391/2017Y2060
Oct 15 to Dec 30, 2017
Safeway, Kensington, MD
Credit only event, AVA trail rating 2A

Sponsor: Seneca Valley Sugarloafers Volksmarch Club, Inc. (AVA 419), a member of the Maryland Volkssport Association.

Start/Finish: Safeway, 10541 Connecticut Ave, Kensington, MD 20895; 301-945-4273. Store Hours: Daily, Monday thru Sunday, 5am to Midnight. Walk box located at Customer Service desk. *We recommend walking with a group during evening hours and carrying a flashlight.*

Parking: Limited parking in Safeway garage, additional parking at Town Hall and along streets.

Trail: The trails are two 10k loops and two 5k loops that take walkers through Historic Kensington, Howard Ave Antique Row & up to the Mormon Temple Visitors Center to view annual Holiday light decorations and displays in December. The trails also include a walk through Garrett Park and along Rock Creek Park's hiker/biker trail to enjoy the fall foliage as well. Trails are on sidewalks, paved roadway shoulders & asphalt hiker/biker trail. Suitable for strollers but wheelchairs may encounter difficulty.

Special AVA Programs: Bridges, Post Office, City Parks & Walk US States by Streets

Fees: The fee for IVV credit is \$3.00. Children 12 and under may earn IVV credit for no charge. You may walk for free without IVV credit.

Eligibility: We welcome everyone to walk with us. All participants must register and sign a waiver of liability. Each participant must carry a start card throughout the walk. Please turn the card in at the end of your walk so we know that you are safely off the trail. An adult must accompany children 12 and under throughout the entire walk. Parents of minor children must sign a waiver of liability for the children.

Information: Contact Maribeth Evans, 301-787-5410; evansm0612@gmail.com.

Conditions: *We suggest you walk with a group during evening hours for Holiday Lights in December but trail can be walked alone during the day. When walking in the evening hours, be sure to wear reflective clothing & bring a flashlight.* Restrooms are available in Safeway, Mormon Temple Visitors Center and Garrett Park Town Hall. Pets are allowed, but must be leashed at all times during the walk. You must clean up after them. Pets are not allowed in the shops, buildings or in the Temple's Visitors Center. This seasonal event will be held regardless of the weather, unless conditions cause the sponsors to close the trails for safety reasons.

Disclaimer: Neither the Seneca Valley Sugarloafers Volksmarch Club, Inc. nor Safeway Food & Drug shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

Membership: Membership in the Sugarloafers Volksmarch Club is open to everyone. For questions about membership, contact Carolyn at 301-926-0915 or cbthurber@verizon.net or check our club's website at www.sugarloafers.org.

For more Volksmarch information: www.ava.org and www.mdvolks.org

DIRECTIONS TO START POINT

Take Washington Capital Beltway (I-495) to Exit 33 (MD-185N), Conn Ave toward Kensington.

Go about 1.8 miles on Conn Ave to turn RIGHT onto Knowles Ave at traffic signal.

Go to stop sign at Knowles & Armory Avenues and Turn LEFT onto Armory & then make an immediate LEFT into Safeway garage (limited parking available).

OR turn RIGHT onto Armory Ave; go about a block to Mitchell St. Turn LEFT onto Mitchell and then

Turn RIGHT into Public Parking area at Kensington Town Hall.

Street parking in residential area & Antique Row also available.

